

NOT VERY LIVELY.

A Decided Off Day on the Salt Lake 'Change.

NEW MINES TO BE LISTED SOON.

The Real Estate Sales Made Yesterday—An Important Logan Enterprise—Real Estate Exchange.

The meeting of the stock exchange yesterday was not as lively as usual, owing to the holiday season. The sales of stock were light and but little trading was done; the total sales being confined to 14,000 shares.

As usual, Apex and Barnes Sulphur led the former with 5,000 and the latter with 8,000 sold. Malad was very quiet; nothing being done. Trower got a block of Alice at \$2.50, a very good buy. Two hundred shares of Utah Lumber and Cement company's stock sold at \$8.

The following are the sales:

NAME.	Highest.	Lowest.	Closed.	Shares.
Alcoa	2 3/4 b	2 3/4 b	2 3/4 b	300
Anchor	4 50 a	4 30 a	4 30 a	
Albion	2 00 b	2 00 b	2 00 b	
Apex	31 b	29 b	29 b	5,000
Barnes	14 1/2 b	13 1/2 b	13 1/2 b	9,000
Cathlamet	80 b	70 b	70 b	
Crescent	35 a	35 a	35 a	
Cent-Sulphur	21 25 a	17 00 b	17 50 b	
Daily	1 00 b	1 00 b	1 00 b	
Glenora	1 45 b	1 30 b	1 45 b	100
Horn Silver	3 50 a	3 00 b	3 00 b	
King of West	2 00 b	2 00 b	2 00 b	
Mammoth	4 50 a	4 25 b	4 25 b	
Malad	12 a	11 b	11 b	
North Star	2 00 b	2 00 b	2 00 b	
Utah L. & C.	40 00 b	40 00 b	40 00 b	
Utah L. & C. Co.	8 00 b	7 50 b	8 00 b	200
Woodside				
Total				14,000

Notes.

It is possible that after the exchange adjourns to-day until after the Fourth.

The Hilltop Murray company's stock will be listed next week. This mine is in the Big Cottonwood district.

Utah Lime and Cement company's stock is in good demand and Bamberger is keeping a sharp look-out for any loose blocks that may be offered.

Real Estate Exchange.

There was no meeting of the Real Estate exchange yesterday, the members being absent at Ogden.

Another of Kinney's Ventures.

The articles of incorporation of the Carlton Town Lot and Resort company were filed with Clerk Cutler yesterday. The object and purpose of the company is to establish, carry on and conduct the business of colonizing and improving Carlton Town Lot and Resort, situated in Tooele county. The stock is placed at \$500,000, in shares of \$100 each, and is held as follows:

NAME.	Shares.
J. D. Kinney	4,500
J. T. Blumhiser	500
J. G. Hollister	500
J. T. Ayer	500
J. J. Sturges	500
James W. Carrigan	500
J. M. Goodwin	500

A Logan Enterprise.

The articles of incorporation of the Logan Power, Light and Heating company were filed in the office of the secretary yesterday.

The capital stock of the company is \$100,000, divided into 10,000 shares of \$100 each. The corporation is organized for the purpose of acquiring and developing water power, to supply electric lighting for houses, store and street purposes, to furnish and supply electric power for the operation of all kinds of machinery, and for heating and for other mechanical and scientific purposes.

The place of the corporation's general business will be at Logan, and its general office is to be at the same place.

The first officers of the company, who will serve until the first meeting of stockholders and until their successors are elected and qualified, are as follows: C. W. Nibley, B. F. Riter, W. W. Riter, T. B. Cardon, A. Farr, Jr., G. W. Thatcher, L. S. Hills, O. C. Ormsby, C. D. W. Pullmer, Richard J. Taylor and R. W. Sloan, all of whom are directors, and G. W. Thatcher designated as president; C. D. Pullmer, vice-president; R. C. Easton, secretary, and George W. Thatcher, Jr., treasurer.

The names, places of residence and number of shares taken by each of the subscribers are as follows:

G. W. Thatcher, Logan	\$5
R. W. Sloan	25
C. W. Nibley	25
C. D. W. Pullmer	10
Jos. W. Thatcher	25
Moses Thatcher	25
R. F. Riter	10
Richard J. Taylor, Ogden	10
L. R. Martinson, Logan	10
T. B. Cardon	10
R. W. Thatcher, Jr.	2
W. W. Riter	2
H. E. Hatch	10
O. C. Ormsby	10
Isaac Smith	10
Aaron F. Farr, Jr.	10

The Salt Lake Clearing House.

Yesterday's clearings were \$107,204; cash balance, \$24,724.

The Sales Made Yesterday.

E. W. Taylor and wife to R. Holmes, at a north-half of section 26, township 1 north, range 1 west, 100 acres, \$10,000	
John C. Womack and wife to A. G. Smith, north 1/2 sec 23 and 24, block 3, Fairview addition, 280	
W. S. Crismon and wife to A. G. Smith, one-third interest block 118, plat 2, 4,000	
Deane Goodrich to Mrs. Nancy J. Ross, lots 9, 10, 11, 12, block 1, Muscatine place subdivision, 1,500	
John K. Culp and wife to Anna Levy, 5-1/2 x 112 rods, lot 12, block 10, Riverside addition, 2,500	
Wm. Roberts and wife to Geo. R. Johnson, lot 10, block 2, Cone & Roberts addition, 200	
Reed Hawkins and wife to Geo. R. Johnson, lot 10, block 11, plat 2, 500	
Geo. R. Johnson and wife to Reed Hawkins, lot 10, block 11, plat 2, 500	
Total	\$19,450

Simmons Liver Regulator is invaluable in the nursery. It is a gentle laxative, and harmless.

COHN BROS. Offer their entire assortment of choice Indian goods at 75 cents per yard, reduced from \$1.

New ready-made napkins at the Western Store and Dry Goods Co.

LADIES' ATTENTION! Have your silk and alpaca gowns made by Alfred H. Cohn, the ladies' tailor, 68 E. Second South.

The neatest and best straw hats at Noble, Wood & Co., 135 Main street.

Helena and return July 6, \$12.
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NOTICE.

On account of the decease of the late Mr. Engelman, all suits, pants and overcoat goods will be sold at a big reduction up to July 15, when invoice will be taken. Call and convince yourself.

George W. Eschscholtz, Merchant Tailor, 70 West Second South St.

POSTOFFICE LOCATED.

The postoffice location has been settled, and Bowman & Lownd, in the opera house building, are prepared to sell property convenient to it at prices as fixed before the location was determined. Within a few days these prices will be advanced. Now is the time to buy.

HOTEL ROBERTS.

PROVO, UTAH.
Opened June 9th. Rebuilt and newly furnished throughout. Centrally located. A lovely summer resort, surrounded with beautiful lawns and trees. Headquarters for commercial men. The finest sample rooms in the territory. All modern improvements.

L. HOLBROOK, Prop.

SILVER BROS' IRON WORKS.

No. 140 West North Temple.

Rodega Family Wine House, 10 Commercial street.

W. PETERSEN TO REMOVE.

William Petersen, the butcher, will remove on Tuesday, from his present quarters to the store lately occupied by Harper Brothers, nearly opposite the theatre. The new stand will be permanent and Mr. Petersen's customers will find him better prepared for business than ever before.

The largest assortment of fruits to be found in town, and lowest prices, at the California-Fruit House, 243 Main.

A PROMINENT DEMOCRAT.

His Views on Montana's Politics—Opposed to the Plunder.

I. W. Murphy, public administrator of Silver Bow county, Montana, is in the city. Mr. Murphy is at present engaged in the task of settling up the estate of A. J. Davis, the deceased millionaire, a duty which brings him before the public in a very prominent way.

Mr. Murphy is a democrat of the old school and is a member of the famous "44" precinct. In speaking of the political future of the state he predicted a glorious victory for his party this coming autumn. The reasons he gives are that the action of the republicans in stealing the two United States senators has so disgusted the people that they will vote the democratic ticket in order to show the world that Montana is honest and repudiates all dishonest methods.

Regarding Salt Lake, Murphy believes it has a wonderful future and is willing to back up his judgment by an investment in reality.

As may be presumed he is bitterly opposed to the un-American and undemocratic idea of confiscation and disfranchisement.

In all derangement of the liver a cure is certain if you take Simmons Liver Regulator.

The Deseret Savings Bank.

The attention of those desiring to open savings accounts is called to the Deseret Savings Bank, which allows interest on deposits at the rate of 5 per cent. per annum, compounded quarterly. Money to loan on approved real estate security. Its officers are as follows:

JOHN SHARP, President.
MORIS THATCHER, Vice President.
E. A. SMITH, Cashier.

DIRECTORS.

JOHN SHARP, J. R. BARNES,
JAMES SHARP, D. H. PERRY,
MORIS THATCHER, J. T. LITTLE,
HENRY DUNWOODIE, HERBERT GRANT,
L. S. HILLS, W. W. RITER,
J. C. CRISMON, F. W. JENNINGS,
GEORGE ROSSNEY.

Depot Summit vineyard, Napa county, Cal. 231 Main, next to the P. O.

NOVELTIES IN SUMMER WEAR.

BAST-TERRY MFG. CO., 142 Main street.

We have just received a large and carefully selected line of children's and infants' shoes at People's Equitable Co-op.

Our line of summer underwear is the largest and finest in the city. We invite an inspection.

BAST-TERRY MFG. CO., 142 Main Street.

Ladies' summer hats, a big stock at the W. S. & D. G. Co.

IVORY PATENT AND "ROYAL GORGE" excel all other brands in quality. Ask your grocer for it.

Dinwoodie has come to the front again with quite an assortment of furniture and carpets in Calder's music store.

Ladies' wraps at the Western Shoe and Dry Goods Co.

BARBERS TAKE NOTICE.

All barbers will meet at Hartenstein & Sheets, No. 22 East First South, July 4, at 9 a. m., sharp, with straw hats and canes.

F. D. ADRIEN, Sec'y.

NOTICE.

All the barber shops will close July 4, 1896, all day to take part in the parade. Shops will be open till 12 p. m., Thursday, to accommodate the public.

"We have no options to sell, but would like to buy some, covering good property, for the next sixty days. Come and see us at our office in the Grand opera house."

BOWMAN & LOWND.

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On Third South street, convenient to the new East Side hotel, Bowman & Lownd, in the opera house building, have a choice lot 475 x 615 feet which they will sell for \$200 per front foot and on easy terms.

THE BURLINGTON ROUTE.

Is the line selected by the United States government to carry the fast mail, fast express trains to all points east, to Lincoln, Omaha, Chicago, Peoria, St. Joseph, Atchison, Kansas City and St. Louis.

The shortest and quickest route to the seashore resorts of the east.

The only line running through trains over its own track and without change of any class of passengers between Denver and Chicago and Denver and St. Louis.

Pullman palace sleeper cars and free reclining chair cars at all through trains, famous Burlington Route dining cars attached to all through trains between Denver and Chicago.

For tickets, rates, or further information call upon any coupon ticket agent or connecting lines, or on Geo. W. Valley, general agent, Grand Opera House building.

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The Western Shoe and Dry Goods Co. is the best shoe shopping place for ladies.

ELHAMPTON, JONES & CO., REAL ESTATE. Choice building lots on the market, east side of Liberty park; \$200 to \$1,000. Lots near corner 6th West and 7th South; \$475 to \$525.

Lots near corner 6th West and 7th South; \$200 to \$300. Flowing wells may be had on any of the above lots.

First class business, prospective business and acreage properties. Office: 63 S. Main street.

A. L. WILLIAMS' COAL OFFICE REMOVED. "A. L. Williams, agent D. & R. G. Coal company, has removed from Barratt Bros. to 200 South Main second door north of postoffice.

ON WOMAN'S HEALTH

Importance of Bodily Training and Hygienic Precaution.

GIRLS' PHYSICAL EDUCATION.

The Pride of Matrimony—Where Quick Relief Was Needed—To Keep a Nourish Fresh.

Mr. Frederick Treves calls attention to a perfectly new branch of the work undertaken by the society with reference to physical education. Within the last few years an immense deal of attention had been directed to the matter of physical education. It had been pointed out that the education of the mind was well looked after while the education of the body was practically allowed to look after itself. Parents did not realize that proper physical education must be conducted on as precise and as careful scientific lines as the ordinary education of the mind. Parents were quite content to send their children to gymnasia, and when they had done this felt satisfied that their physical education was complete. They were unaware that there was no proper control over the teachers of gymnastics and calisthenics, a large number of whom were people totally unfit for their work.

The particular object of the society had, perhaps, rather more reference to children and women than to men and boys. As a matter of fact, the latter class was admirably looked after. No one would find it difficult to criticize the athletic pursuits of our public schools. When they came to the London school boy they found his condition had been materially changed; he had taken to bicycling and other pursuits. When they came to schools, and especially to girls' schools, it must be confessed that the conditions were not so good as they were well could be. They heard a good deal of the enormous advances of civilization during the last fifty or one hundred years, and their marvelous improvement on the unfortunate savage, who had straight limbs, graceful carriage and an absence of the ordinary aches and pains, and who was disposed to be always taking tea or to be living in an atmosphere of tonics. People did not seem to be aware that by a judiciously supervised system of physical education, exercises and due attention to the development of the body it was possible to alter its proportions, to reduce redundancy and to develop deficient and feeble muscles.

Motives of vanity and regard for the future physical development of their girls might so influence mothers who were indifferent to higher considerations to see that the physical education of girls was carried out, whether in nurseries or in schools, under persons trained, skilled and having the requisite knowledge to make such physical training in all respects useful and in no case injurious. Neither could be said of the very limited amount of physical training now given to girls. It was pointed out that the National Health society's diploma would be granted to such teachers of gymnastics, calisthenics and physical exercises as had fulfilled the necessary curriculum and passed the required examinations.

The society hoped by the institution of this diploma to encourage the development of physical education in this country; to render such training precise, effectual and scientific; to protect the public, on the one hand, from incompetent teachers, and, on the other, to establish the position of such instructors as were fully qualified. It was intended, however, that the work of such teachers should be devoted, not restricted to the one legitimate object set forth in the diploma, namely, physical training, and that they should not undertake the treatment of deformity or disease by "movement cures," "remedial exercises," massage and the like. The diploma would certify that the candidate had passed an examination in the art and science of physical education, had fulfilled the curriculum required by the society, and was fully qualified to act as an instructor of gymnastics, calisthenics and physical exercises generally.—British Medical Journal.

Floating Islands of the Aztecs.

Probably the most curious craft—if we may call it a craft—that man ever constructed or handled was the floating island (Chinampas) of the Aztecs. They were the outgrowth of necessity.

Being environed by enemies who occupied the main land, the Mexicans were obliged to construct these boat gardens or substat without fruit and vegetables. With branches, roots and other light materials they made a float; on this they placed weeds and earth, dredged from the bottom of the lakes. Some of these floats were forty-eight feet long, eighteen broad and raised about a foot above the water. These floating gardens had one great advantage—if the proprietor's neighbors were undesirable, or if the proximity of an ill kept field endangered his own crop, he could mail up anchor and move his garden to a new locality. A few years ago there was a natural floating island drifting about Greenwood lake. It has since become fixed near the lower end.—Rudder.

The Pride of Matrimony.

In his "Trials of a Country Parson" Dr. Jessup tells some amusing anecdotes picked up in Arcady. As thus: "It is very shocking to a sensitive person to hear the way in which the old people speak of their dead wives or husbands exactly as if they'd been horses or dogs. They are always proud of having been married more than once. 'You didn't think, miss, as I'd have five wives, now, did you? Ah, but I have, though—leastways I married five on 'em in the churchyard, that I did—and then on 'em bewitched.' On another occasion I playfully suggested: 'Don't you mix up your husband and those dead wives? You're a son of a gun, aren't you?' 'Well, to tell you the truth, sir, I really don't. But my third husband, he was a man! I don't mix him up. He got killed fighting—you've heard tell of that, I make no doubt.' The other wasn't nothing but a man. He'd mixed them up quick when I'd asked him if he'd married five."

Quick Relief Was Needed.

There may be cases where human aid would be powerless to save from death an incautious swimmer. A case which almost proved this occurred in Milton, Upper Canada, where a well-dressed swimmer was promptly picked up and rescued, but it was soon discovered that the effort to pull him out was prevented by his legs which were torn off.

When a Chicago and Eastern Illinois suburban train was derailed at Long Beach, a suburban night train from the court house, at a rate of nearly a mile a minute, a man was seen to spring from the rear platform. The engineer of a passing train saw the act and signalled a stop. Outpiled the conductor, brakemen, engineer, fireman and a hundred or two passengers, all fully expecting to see the general and forced far yards around with bones and mangled human flesh. Instead they saw a tall German, who stood respectfully rubbing the back of his head with his left hand, while in the other hand he held a new hat.

Lost by the Jump.

When a Chicago and Eastern Illinois suburban train was derailed at Long Beach, a suburban night train from the court house, at a rate of nearly a mile a minute, a man was seen to spring from the rear platform. The engineer of a passing train saw the act and signalled a stop. Outpiled the conductor, brakemen, engineer, fireman and a hundred or two passengers, all fully expecting to see the general and forced far yards around with bones and mangled human flesh. Instead they saw a tall German, who stood respectfully rubbing the back of his head with his left hand, while in the other hand he held a new hat.

Why He Was Good.

Rev. Primrose—You are a good boy to say your prayers every night. You must love God.

Bobby—Now, I love the candy makes me for saying them.—Drake's Magazine.

Candid.

Young Post—What do you think of my spring poem?

Editor—I think the spring you got it from must have been dry.

How's Your Liver?

Is the Oriental salutation, knowing that good health cannot exist without a healthy liver. When the liver is torpid the bowels are sluggish and constipated, the food lies in the stomach undigested, poisoning the blood; frequent headache ensues; a feeling of lassitude, despondency and nervousness indicate how the whole system is deranged. Simmons Liver Regulator has been the means of restoring more people to health and happiness by giving them a healthy liver than any agency known on earth. It acts with extraordinary power and efficacy.

NEVER BEEN DISAPPOINTED. A general family remedy for Dyspepsia, Torpid Liver, Constipation, etc., I hardly ever use anything else, and have never been disappointed in the effect produced; it seems to be almost a perfect cure for all diseases of the stomach and bowels.

W. J. McElroy, Macon, Ga.

ONLY GENUINE

Has our Z Stamp in red on front Wrapper. J. H. ZEILIN & CO., Philadelphia, Pa. SOLE PROPRIETORS. PRICE \$1.00

Senator Palmer's Contribution.

There is a good story told about Senator Palmer when he was living in Washington. It was his custom to go to church every Sunday morning, and also his custom to put a single dollar on the plate. As he passed into church one Sunday morning, accompanied by his private secretary, he began to search through his pockets with a dismayed look on his face. Turning to his companion he asked for the loan of a dollar, explaining that he had nothing but a \$2 bill. The secretary could not accommodate him, but a bright thought suddenly seemed to strike the latter, and he exclaimed:

"Oh, well, I can fix it."

"You wouldn't make change off the plate, would you?" asked the secretary, horrified at the thought.

"Never mind how I will do it," replied the senator, "you will see it done."

When the plate came around the senator gravely took out his \$2 bill, tore it in two pieces in the middle, and laid one piece on the plate. After the services were over he walked forward to where the stewards were counting the collection money, and the senator who had come down with his side of a mutilated \$2 bill had been found on the plate.

"Yes, and we don't know what to do with it," was the man's reply.

"Well," said the senator, "here's the other half, and you can have it for \$1. That will make your half worth \$1 to you, and as I'll give you—"

He got the dollar.—New York Press.

Patent for Seven League Boots.

Who ever heard of a man lifting himself by his boot straps? Only small children believe in the performance of "The Seven League Boots." Well, the patent office has granted papers to a Russian upon a device which is a combination of the hitherto deemed impossible boot strap act, with a little of the seven league business added. The Russian lives in St. Petersburg. He calls his invention an "apparatus for walking, running and jumping." The apparatus consists of bows and springs fastened to the feet, the knees, the waist and shoulders. As the knees are bent either to walk or run or jump the tension of the bows and springs is increased, and the man shoots upward and forward. At least that is what the drawing and specifications of the invention say will happen. The Russian did not send over any actual samples of his contrivance, and the patent office people have to act upon the theory only.—Cor. St. Louis Globe-Democrat.

Poets Are Not Like Birds.

The late George H. Burdett wrote to his friend, R. H. Stoddard: "Read and tell to a story of some Yankee poet who resolved to wait for an impulse from the Muse. He waited thirty years, and at the end of that time concluded himself no poet, although his youthful poems gave promise of great things. That man perhaps wanted but industry to make him immortal. I hold that there is a labor connected with all great literary achievements sufficient to drive any but a man of genius stark mad. This the world will never believe. It has an idea that poets write as birds sing, and it is this very false idea which robs us of half our honors. Were poetry forced upon us, it is cut out with the ax or spun in the mill, my heaven! how men would wonder at the process! What power, what toil, what ingenuity!"

Pugnacity of the Fox Terrier.

A walk with a fox terrier as a companion can never be wholly without incident. There will be, unless a great amount of care is exercised, at least one fight, and if the owner likes he can without violent exertion promote several. Whether the dog's antagonist be a mastiff or a tiny toy terrier it is all the same to him, his disposition being much like that of the Irishman who, hearing a noise in the street, sent his little girl to inquire its meaning and to say that "if there was going to be a row, father wanted to be in it." Several lessons and lacerations seem to be entirely without effect, and the terrier is sure to go a second time at the bulldog who has all but converted him into a corpse.—New York Tribune.

Scrap Books.

I find that a very cheap scrap book can be made out of old government reports; they are just wide enough for two columns of the ordinary newspaper. Cut out about twenty pages after each fifty. Then the book will be filled to its proper size again when the clippings are pasted in. Be sure to use one side of the page in making the scrap book. Label your book when it is finished. An index can be easily attached in each book.—Cor. Author and Writer.

Only Five Left.

There are only five states in the Union in which a schoolmaster can now legally flog a pupil. In all other states a pupil menaced